



IMA TELlicherry NEWS LETTER – JANUARY 2020

ORGANIZATIONAL ACTIVITIES

15.01.2020: Executive Meeting

Executive committee was held at IMA hall on 15.01.2020. President welcomed the gathering. 35 members attended the meeting. IMA secretary Dr Jayakrishnan Nambiar proposed the vote of thanks.



22.01.2020: General Body Meeting

The **General Body Meeting** was held on 22.01.2020 at IMA Hall Thalassery at 8.00 pm. Dr. Sajeev Kumar P B presided over the meeting. Vote of thanks proposed by Dr. Jayakrishnan Nambiar. 34 members attended the meeting.



14.01.2020: District Committee Meeting

District Committee Meeting held on 14.01.2020 at IMA Hall Kannur. Dr. Sasidharan K (Chairman, District Committee) presided over the function. Branch Presidents from various Branches of Kannur Dist attended the meeting. The matter and activities till date was discussed in detail in the session. Dr. Babu Raveendran T N, Dr. Srikumar Vasudevan, Dr. Sajeev Kumar P B, Dr. Jayakrishnan Nambiar, Dr. Arun Kumar M K, Dr. Surendra Babu V P, Dr. Rajiv Nambiar, Dr. Pushparaj S R, Dr. Shaji S, Dr. Dilnath Kallat and Dr. Sanjeev attended the meeting.

ACADEMIC ACTIVITIES

22.01.2020: IMA Thalassery conducted a CME on “Basic Approach to Heart Failure Management” by Dr. Remash K, MD, DM & Dr. Girish P V, MD, DM, Indra Gandhi Metro Cardiac Centre, Thalassery. Dr. Sajeev Kumar P B presided over the meeting. 34

members attended the meeting. Vote of thanks proposed by Dr.Jayakrishnan Nambiar.



29.01.2020: IMA Thalassery conducted a CME on “Interventional Radiology. How it helps” by Dr. Junise, Consultant Interventional Radiologist, Aster MIMS Kannur. Dr. Sajeev Kumar P B presided over the meeting. Vote of thanks proposed by Dr.Jayakrishnan Nambiar.



Corona virus: On the same day class was taken by Dr.Ramesh Kumar Maroli on Corona virus for the doctors.

30 members attended the meeting.

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PANEL DISCUSSION

10.01.2020: Workshop

Dr.Sajeev Kumar (President IMA Thalassery) is one among the faculties of a panel discussion held at Malabar Cancer Centre.Presented Neurobiology & Pharmacotherapy of addiction”. Medical Officers of FHCs of entire Kannur District were among the audience.

Workshop Topic was Setting up of Tobacco Cessation Clinics



SOCIAL ACTIVITIES

Medical Camp

19.01.2020: Mega Medical Camp

Mega Medical Camp was conducted on 19.01.2020 at Kuthuparamba Co-operative Hospital and was inaugurated by IMA secretary Dr.Jayakrishnan Nambiar. About 250 patients attended the camp. The camp was organized by Thalassery IMA in association with Kuthuparamba Co-operative Hospital. Dr.Jayakrishnan Nambiar, Dr.Ramachandran, Dr.Satish, Dr.Geetha, Dr.Abhilash, Dr.Ajith, Dr.Sanju Daniel, Dr.Chandran, Dr.Ranjitha, Dr.Bhat and Dr.Rehmas attended the camp



Health Education

15.01.2020: IMA Thalassery in association with SN Puram Vaayanashaala conducted a awareness class at SN Puram Vayanashaala, Vadakumbad. Class was taken by Dr.Madhusoodanan T



15.01.2020: IMA Thalassery in association with Sauhruda Club conducted an awareness class at Muzhapilangad Govt HSS. Awareness class to prevent suicide and substance abuse among adolescents. Class was taken by Dr.Sajeev Kumar (President IMA Thalassery).



15.01.2020: IMA Thalassery and WIMA Thalassery in association with COGS conducted a Health Awareness Class for parents of Special Kids at Sheik Rashid Rehabilitation Centre at Kanhirode. Dr.Shyjus, Dr.Dilnath and Dr.Maya conducted classes.



OBSERVATION OF IMPORTANT DAYS

15.01.2020: World Pain & Palliative Care Day

The World Pain & Palliative Care Day was observed on 15/1/2020 at General Hospital, Thalassery. Programme was organized by Pain and Palliative Clinic and IMA Thalassery. Poor patients were presented with food kits and wheel chair. The function was inaugurated by Dr.Jayakrishnan Nambiar (Secretary, IMA Thalassery) It was organized in a short notice by the Back bone of Pain and Palliative Clinic Dr.Pushparaj S R and co-ordinated by Dr.Ramesan T and Dr.Vanaja Raghavan. Special mention has to be said about Mr.Manoj, Chief Pharmacist.



15.01.2020: Community Service Day

IMA Thalassery in association with SN Puram Vaayanashaala conducted a awareness class at SN Puram Vayanashaala, Vadakumbad. Class was taken by Dr.Madhusoodanan



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19.01.2020: Pulse Polio Day

- Pulse Polio Day inaugurated by IMA Secretary Dr.Jayakrishnan Nambiar at Co-operative Hospital,Thalassery.



- Dr.Rajeev Nambiar conducted and well co-ordinated PPI at CO-Operative Hospital, Thalassery.



- IAP Thalassery President Dr.Jalaludheen inaugurated the PPI session at Thalassery Railway Station.



- Dr.Maya Jithin (WIMA Secretary) well co-ordinated the PPI activities at General Hospital, Thalassery and inaugurated the session at New Bus Stand Thalassery.



- Dr.Dilnath conducted and well co-ordinated PPI at FHC Muzhapilangad.



- Dr.Dhanya Chandran, Secretary IAP Thalassery co-ordinated PPI activities at PHC Peringalam which is inaugurated by Panoor Municipal Chairperson Mrs.Suvarna.



26.01.2020: Republic Day

Dr. Rethika Srikumar, IMA Vice President hoisted the National Flag on the occasion of Republic day 20 members attended the function and saluted the National Flag.



30.01.2020: Anti Leprosy Day

Anti Leprosy Day Celebrations by IMA Thalassery at General Hospital, Thalassery. Department of Dermatology and Department of Pediatrics General Hospital, Thalassery Flash mob conducted by Nursing Students of Anjarakandy Nursing College. Followed by Welcome Address by Dr.Maya Jithin (WDW Secretary & Lady Vice President IAP Thalassery). Presidential address by Dr.Sasidharan (IMA District

Committee Chairman). Inauguration and Awareness talk by Dr.Satheeshan (HOD Dermatology).Felicitation speech by Dr.Abdul Saleem (Consultant Pediatrics) and Sathi Sister. Vote of thanks by HI Pradeep Babu.



Family Meeting

05.01.2020: New Year Celebration

Christmas and New Year celebration was held at IMA Hall, Thalassery. It was a grand cultural extravaganza. Cultural programmes were presented by doctors and their families. Christmas Carols, Santa clause and Lucky dip was organized as part of the programme. It recorded a very large attendance for the first time with more than 200 members attending along with their family members.



SPECIAL PROJECTS OF THE BRANCH

IMA Pain & Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

Pain & Palliative Donation Boxes

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

15.01.2020: World Pain & Palliative Care Day

The World Pain & Palliative Care Day was observed on 15/1/2020 at General Hospital,

Thalassery. Programme was organized by Pain and Palliative Clinic and IMA Thalassery. Poor patients were presented with food kits and wheel chair. The function was inaugurated by Dr.Jayakrishnan Nambiar (Secretary,IMA Thalassery) It was organized in a short notice by the Back bone of Pain and Palliative Clinic Dr.Pushparaj S R and co-ordinated by Dr.Ramesan T and Dr.Vanaja Raghavan. Special mention has to be said about Mr.Manoj, Chief Pharmacist.

Mutual Benefit Scheme

A scheme for members conducted every year, through which members as well as the association is benefited.

MISCELLANEOUS

Nammude Arogyam:

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 1660 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants at various medical camps & during functions conducted by IMA Thalassery.

Association with Other Organisations

15.01.2020: IMA Thalassery and WIMA Thalassery in association with COGS

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conducted a Health Awareness Class for parents of Special Kids at Sheik Rashid Rehabilitation Centre at Kanhirode.

30.01.2020:Anti Leprosy Day

Anti Leprosy Day Celebrations by IMA & WDW Thalassery & IAP Thalassery at General Hospital, Thalassery.

PUBLIC RELATIONS & SOCIAL INVOLVMENT

13.01.2020:85th Anniversary of Mahatma Gandhi arrival at Thalassery and Edavalath house was observed on 13.1.2020 at Edavalath House, home of our senior leader Dr.Babu Raveendran T N. K Muraleedharan, MP presided the function. Dr.Sandya and Dr.Sanjeev were the hosts. Dr.Jayakrishnan Nambiar and Dr.Rajeev Nambiar were the special invitees' for the function. Many political leaders and social workers had attended the function. IMA members narrated the present scenario of the hospital assaults and their concern about the present medical bills to Member of Parliament. He was requested to present these issues in the parliament again to get a favourable decision for the doctors.